



Mayor's Parlour
Croydon Town Hall
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Monday 28 September 2020

Re: The Mayor of Croydon, Letter of Recommendation

We as Mayor of Croydon and Deputy Mayor of Croydon are delighted to support the work carried out by Charlene Charles, Director/Founder of 'Pamper Indulge and Give' and recommend the four short videos which have been put together showing the importance of planting.

Pamper Indulge and Give Ltd, is a non-profit charity based in the London Borough of Croydon since 2014. Their mission is to introduce young children aged 5 to 11 to skills that will widen their vision and opportunities as they grow into adulthood. They teach young children the importance of health, wellbeing and fitness, by empowering them to make better decisions and be more open to positive outlooks for the future. Whilst inspiring our children to become role models in our community, they are also having fun and experiencing unique adventures.

Pamper Indulge and Give, have put together four short videos to show the importance of planting and want to give you this experience to learn how to do it in your homes and with your friends and families. The videos show healthy eating; knowing where your food comes from; having fun and learning new skills with your family & friends and sharing what you have learnt

Finally, we really value the contribution made in showcasing the importance of planting. If you would like to share on social media you can tag 'Pamper Indulge and Give' and use the hashtag #thegreenprojectcroydon.

Yours sincerely

Handwritten signature of Maddie Henson.

Councillor Maddie Henson
Mayor of Croydon 2020-2021

Handwritten signature of Sherwan Chowdhury.

Councillor Sherwan Chowdhury
Deputy Mayor of Croydon 2020-21