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## Zaha and Butler join young south Londoners at charity event

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First-team winger Wilfried Zaha and Palace Women defender Jordan Butler recently attended a local event with Croydon-based charity Pamper, Indulge and Give (PIG).

The pair watched as youngsters performed various dances on stage and then partook in a Q&A session where they offered advice to the children questioning them.

Zaha told one: "You need to keep your body healthy, work out every day through football and through dancing."

Butler added: "Just keep running around the playground, having fun. You won't even realise you're exercising and staying fit and healthy."